

Fortisip

A ready-to-drink, high energy (1.5kcal/mL), nutritionally complete milk tasting oral supplement. Suitable as a sole source of nutrition or as a supplement to the diet. A food for special medical purposes; to be used under strict medical supervision.

Presentation

- 200mL Plastic Bottle

Flavours

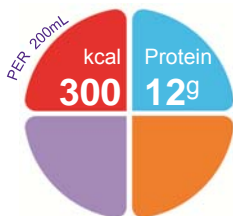
- Vanilla, Chocolate, Strawberry, Banana, Tropical, Caramel

Indications

- Disease related malnutrition
- Suitable for low residue and fluid restricted diets

Features

- 1.5 kcal/mL
- 12g protein (16% E) per bottle to meet increased protein requirements
- Low Lactose (<0.05g/bottle)
- Gluten
- Fibre free* (Chocolate variety contains 0.6g fibre per bottle)
- Added carotenoids reflecting general health recommendations for their antioxidant properties and positive affect on immune function
- Suitable as a sole source of nutrition (6-8 bottles/day) or as a nutritional supplement (2-3 bottles/day)
- 6 delicious flavours for maximum variety and to encourage patient compliance
- Convenient plastic bottle (with straw attached) designed to be easily held and a removable cap for easy pouring



Contraindications

- Patients with Galactosaemia
- Not recommended for children under 1 year of age
- Use with caution in children aged 1-6 years

Nutrient Source

- **Protein:** Milk proteins (sodium caseinate)
- **Fat:** Vegetable oils (Sunflower oil, canola oil)
- **Carbohydrate:** Maltodextrin, sucrose

Directions for Use

- Shake well before use
- Best served chilled
- Dosage to be determined by a Health Care Professional

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours

Ordering Information

- To order contact Nutricia Customer Service 1800 889 480

Flavour	Code	Units per carton
Chocolate	552352	24
Vanilla	552356	24
Strawberry	552354	24
Banana	552351	24
Tropical	552355	24
Caramel	66037	24

Fortisip

Fortisip is nutritionally complete in 1800kcal where all nutrients meet 100% of the RDI/AI for all age groups and genders except for protein (male 70+yrs), LCn-3, fibre, vitamin D (70+ yrs), potassium (19+yrs), calcium (male 70+yrs, female 51+yrs), magnesium (19+yrs) phosphorus (19+yrs) & flouride.

Choc= Chocolate

Nutrition Information		Per 100mL
Energy	kcal	150
	kJ	630
Protein	g	6 (16%E)
Caesin	g	6 (5.7 choc)
Nitrogen	g	0.9
Carbohydrate	g	18.4 (49%E)
Sugars	g	6.7
as Lactose	g	<0.025
Fat	g	5.8 (35%E)
Saturates	g	0.6 (0.7 choc)
Monounsaturates	g	3.5 (3.4 choc)
Polyunsaturates	g	1.8 (1.7 choc)
ω6:ω3 ratio		4.8:1
Fibre	g	0 (0.3 choc)
Water	g	78 (77 choc)

Minerals		Per 100mL
Sodium	mg	90
	mmol	3.9
Potassium	mg	159
	mmol	4
Calcium	mg	91
Phosphorus	mg	78
Magnesium	mg	23
Chloride	mg	87
Ca:P ratio		1.2:1

Vitamins		Per 100mL
Vitamin A	µg-RE	123
Vitamin D	µg	1.1
Vitamin E	mg-α-TE	1.9
Vitamin K	µg	8
Vitamin C	mg	15
Thiamin	mg	0.23
Riboflavin	mg	0.24
Niacin	mg NE	2.7
Vitamin B6	mg	0.26
Vitamin B12	µg	0.32
Folic Acid	µg	40
Pantothenic Acid	mg	0.8
Biotin	µg	6

Trace Elements		Per 100mL
Iron	mg	2.4
Zinc	mg	1.8
Manganese	mg	0.5
Copper	µg	270
Iodine	µg	20
Molybdenum	µg	15
Selenium	µg	8.6
Chromium	µg	10 (15 choc)
Fluoride	mg	0.15



Other		Per 100mL
Carotenoids	mg	0.3
Choline	mg	55
Osmolality	mOsmol/kg H ₂ O	590 (580 choc)

Ingredients (Fortisip vanilla): water, maltodextrin, milk protein (sodium caseinate), sucrose, vegetable oil (canola oil, sunflower oil), tri potassium citrate, emulsifier (soy lecithin), flavour (vanilla), magnesium chloride, acidity regulator (citric acid), tri calcium phosphate, carotenoids (contains soy lecithin) (β-carotene, lutein, lycopene), choline chloride, calcium hydroxide, potassium hydroxide, sodium L-ascorbate, ferrous lactate, zinc sulphate, colour (curcumin), magnesium hydroxide, nicotinamide, retinyl acetate, copper gluconate, DL-α-tocopheryl acetate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, folic acid, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, riboflavin, sodium flouride, potassium iodide, phytomenadione.