

NUTRITIONALLY COMPLETE

Elemental 028 Extra Liquid

Indications

Elemental 028 Extra Liquid is an elemental diet which can provide complete nutritional support or supplementary feeding in children over one year of age and adults where there is severe impairment of gastrointestinal tract, such as:

Crohn's disease
Short bowel syndrome
Intractable malabsorption
Bowel fistulae
Radiation enteritis

Precautions

Must only be used under strict medical supervision. Not for parenteral use. Not suitable for use under one year of age.

Administration

The dosage should be determined by a clinician or dietitian only, and is dependent on age, body weight and medical condition of the patient.

Storage

Store in a cool, dry place. Once opened, store in a refrigerator and use within 24 hours.

Ingredients

Water, maltodextrin, sugar, flavouring, fractionated coconut oil, high oleic sunflower oil, canola oil, flavour enhancers (E330, E296), L-lysine, L-aspartate, stabilisers (E460(i), E466), emulsifiers (E472(e), E471),

L-leucine, L-arginine, L-phenylalanine, L-proline, dried glucose syrup, L-valine, L-isoleucine, glycine, N-acetyl, L-methionine, L-threonine, trisodium citrate, calcium glycerophosphate, L-histidine, L-serine, dipotassium hydrogen phosphate, L-alanine, tripotassium citrate, magnesium acetate, L-tryptophan, calcium chloride, sodium chloride, choline bitartrate, L-ascorbic acid, L-tyrosine, artificial sweetener (acesulfame K), L-cystine, taurine, ferrous sulphate, zinc sulphate, L-carnitine, M-inositol, DL-alpha tocopheryl acetate, nicotinamide, calcium-D-pantothenate, manganese sulphate, antioxidant (E307), colours (E160(a), E162, copper sulphate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, vitamin A palmitate, folic acid, sodium molybdate, chromium chloride, potassium iodide, sodium selenite, vitamin K1, D-biotin, vitamin D3, cyanocobalamin.

Ingredients shown for Orange and Pineapple flavour Elemental 028 Extra Liquid, for Grapefruit and Summer Fruits flavoured Elemental 028 Extra Liquid ingredient details please contact Nutricia.

Elemental 028 Extra Liquid

Nutrition Information	Per 100ml	Per 250ml Carton
Energy kJ	360	900
kcal	86	215
Protein equivalent g	2.5	6.3
Total amino acids g	3	7.5
Carbohydrate g	11	27.5
as sugars g	4.7	11.8
Fat g	3.5	8.8
as saturates g	1.3	3.3
monounsaturates g	1.6	4
polyunsaturates g	0.45	1.2
% LCT	65	
% MCT	35	
Ratio n6 : n3 fatty acids	3.5	
% energy from linoleic acid	3.6	
% energy from α linolenic acid	1	
Fibre g	nil added	
Vitamins		
Vitamin A μ g RE	40	100
IU	133	333
Vitamin D μ g	0.48	1.2
IU	19.2	48
Vitamin E mg α T.E.	1.7	4.3
IU	2.5	6.3
Vitamin C mg	5.7	14.3
Vitamin K μ g	5	12.5
Thiamin mg	0.12	0.3
Riboflavin mg	0.12	0.3
Niacin mg	0.84	2.1
Niacin equivalent mg NE	2	5
Vitamin B ₆ mg	0.16	0.4
Folacin μ g	16.7	41.8
Vitamin B ₁₂ μ g	0.4	1
Biotin μ g	3.6	9.0
Pantothenic acid mg	0.4	1
Choline mg	18.3	45.8
Inositol mg	1.8	4.5
Minerals		
Sodium mg	61	153
mmol	2.7	6.8
Potassium mg	93.2	233
mmol	2.4	6
Chloride mg	66.6	166.5
mmol	1.9	4.8
Calcium mg	45	113
Phosphorus mg	40	100
Magnesium mg	16.3	40.8
Calcium : Phosphorus	1.13	
Trace Elements		
Iron mg	0.84	2.1
Copper mg	0.08	0.2
Zinc mg	0.84	2.1
Manganese mg	0.12	0.3
Iodine μ g	6.66	16.7
Molybdenum μ g	6.66	16.7
Selenium μ g	3	7.5
Chromium μ g	3	7.5
Osmolality		
725 mosm/kg (orange and pineapple)		
673 mosm/kg (grapefruit)		
695 mosm/kg (summer fruits)		
Presentation		
250ml carton		

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