



Ensure Plus milkshake style

1.5kcal/ml complete, balanced nutritional supplement drink

PRESENTATION

- Presented in 200 ml (300 kcal) bottles
- Available in banana, chocolate, fruits of the forest, neutral, orange, peach, raspberry, strawberry and vanilla flavours.

Note: Peach flavour is available in 220ml (330 kcal) bottles

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 1000 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years).

Suitable for patients with increased nutritional requirements and for the following indications:

- Disease-related malnutrition
- Total gastrectomy
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Proven inflammatory bowel disease
- CAPD
- Haemodialysis
- Dysphagia

Available on the DPS (Drugs Payment Scheme) and the GMS (General Medical Services) Scheme.

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.
- When feeding to patients with dysphagia, please thicken the product as appropriate

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Not intended for use in children unless recommended by a qualified healthcare professional.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, corn syrup, sucrose, milk protein isolate, canola oil, calcium and sodium caseinates (milk protein), corn oil, soy protein isolate, flavouring, sodium citrate, potassium citrate, stabilisers: E460, E466, E418, emulsifier: E322 (soy lecithin), magnesium chloride, potassium chloride, magnesium phosphate, tricalcium phosphate, choline chloride, vitamin C, potassium phosphate, ferrous sulphate, zinc sulphate, vitamin E, niacin, citric acid, manganese sulphate, calcium pantothenate, copper sulphate, vitamin B₆, thiamin (vitamin B₁), riboflavin (vitamin B₂), vitamin A, beta-carotene, folic acid, sodium molybdate, potassium iodide, chromium chloride, sodium selenate, vitamin K, biotin, vitamin D, vitamin B₁₂

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution:	
Protein	16.7%
Carbohydrate	53.8%
Fat	29.5%

Renal solute load	468 mOsm/L
Osmolarity	509 mOsm/L
Osmolality	660 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	✓
Milk free?	✗
Suitable for vegetarians?	✓ ^{1,2}

For suitability for other diets and free-from information, please contact Abbott Nutrition.

1. Certain flavours contain E120 (cochineal) which some people may consider to be a meat product.
2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool